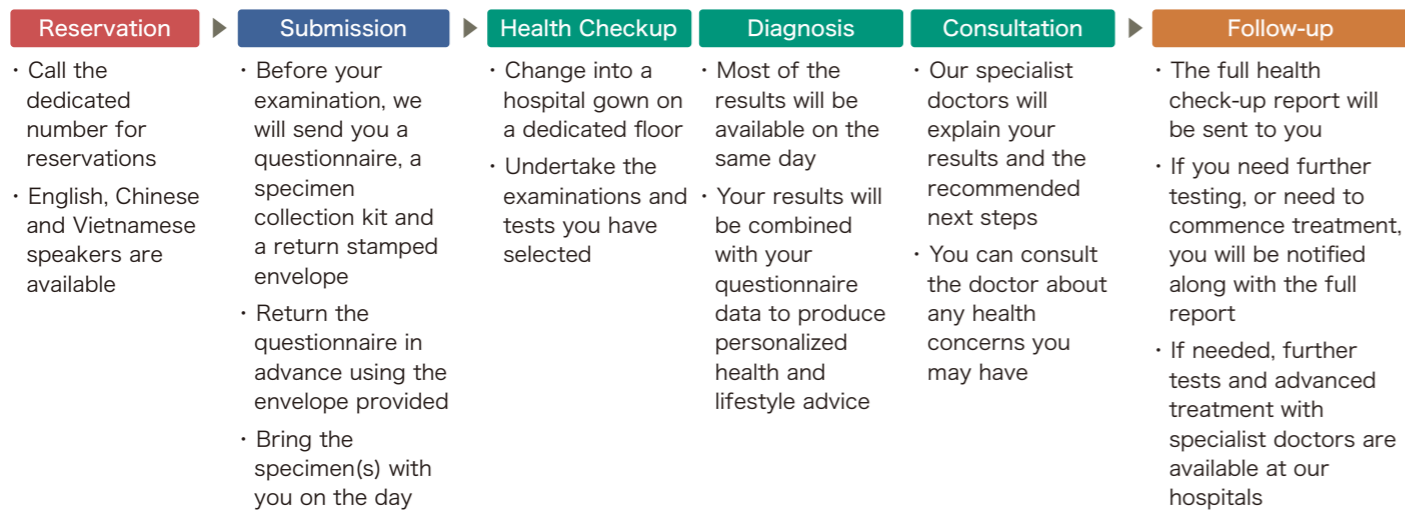


The day of the health checkup



Core Group Facilities



Sanno Medical Center (Minato-ku, Tokyo)
 Sanno Medical Center is a designated institution for health checkups and is part of the department of preventative medicine of Sanno Hospital. Thorough follow-up after the health checkup will be offered in collaboration with clinical departments in Sanno Hospital.



Sanno Hospital (Minato-ku, Tokyo)
 Sanno hospital, founded in 1937, is a pioneering private hospital in Japan. Having a complete lineup of clinical departments with 500 staff members, including 90 full-time doctors, it provides personalized and high quality medical treatment for patients in a 79-bed facility. Sanno Birth Center, an obstetric clinic, is in the annex adjacent to Sanno hospital. Features include NICU and the "da Vinci Surgical System (robotic surgery)".



Affiliated University Hospital
IUHW Mita Hospital (Minato-ku, Tokyo)
 This is a JCI-accredited hospital (a hospital meeting the international standards set by Joint Commission International). The hospital has been designated by the Tokyo Metropolitan Government as an emergency care hospital and a Regional Cancer Hospital. Team medicine and care are offered beyond the usual scope of clinical

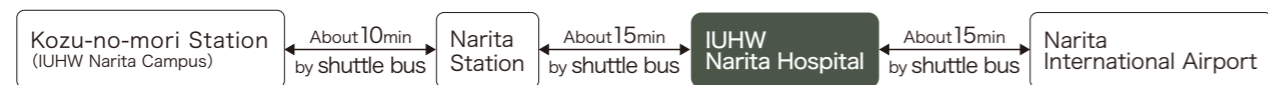
Overseas Network

HECI: Health Evaluation and Promotion Center - Cho Ray Hospital - International University of Health and Welfare
 (Ho Chi Minh City, Vietnam)
 In 2018, we opened a Japanese-style health checkup center in collaboration with the national Cho Ray Hospital, the first of its kind in Vietnam. Pathological tests and radiological images are overseen by Japanese physicians under a double-check system that is enabled via telemedicine connecting hospital with IUHW School of Medicine and Mita Hospital.



Access

Hospital location: Hatakeda, Narita City, Chiba Prefecture
 About 60 minutes from Nippori Station to Kozunomori Station using Keisei Line, and an additional 5 minutes to Narita Station.
 ● There will be shuttle bus service to and from Narita Station, Kozunomori Station and Narita International Airport.
 ● Public bus service (planned)



Welcome to the IUHW Narita Hospital Center for Preventative Medicine

We offer world-class checkups by specialists using cutting-edge medical equipment



Health Checkup Building 1F Main Entrance

Features

1 One of the largest health checkup centers in Japan; able to serve 200 patients per day

With 4,570 m² of space, areas are separated by gender for privacy, and smooth, non-stop health checkup facilities are designed to allow patients to have multiple examinations in one location. Each area accommodates four patients at the same time, thus reducing wait-time and congestion.



Reception lobby

2 Flexible health checkup programs ranging from same-day to overnight options

A standard same-day course is offered daily except on Sundays. Patients who opt for an extended health checkup will receive a private inpatient room.

3 Collaboration with various centers

Our Health Checkup Center works together with other departments in the hospital headed by leaders in their fields, such as the Center for Genomic Diagnosis, Center for International Research of Infectious Diseases, Radiotherapy Cancer Center and Advanced Reproductive Medicine Center.

4 Offering the highest level of diagnosis using cutting-edge medical equipment

Equipment includes a state-of-the-art 3.0 Tesla MRI that does not expose patients to harmful radiation, a 320-slice area detector CT (one of few available in Japan), and DEXA scanning facilities among others.

5 Further examination or comprehensive examination offered by specialists

The highest standard of health checkups will be offered in close collaboration with each clinical department. We made it possible to arrange further examinations on the same day the test results are made available.



Examination room

6 Multi-lingual and multi-cultural services

Medical interpreters will assist international patients at a dedicated counter. The food court and restaurant serve a wide range of cuisine to accommodate patients from a variety of cultural and religious backgrounds (including halal food). There will also be a multi-faith prayer room.



Food court

7 The Medical Fitness Club and amenities

The Medical Fitness Club will feature swimming pools, a gym, and a sauna with medical support from physicians and other experts.



Swimming pool

Greetings

We are committed to enhancing the wellbeing of patients from around the world, building on the trust, credibility, performance, and expertise we have established.



Prof. Takahiro Amano

Academic Adviser, International University of Health and Welfare
Honorary Director, Sanno Medical Center

Profile

M.D., Ph.D., Graduate of Keio University School of Medicine
Former positions include:
Professor at Keio University School of Medicine;
Director of Keio Health Counseling Center; Dean of IUHW Graduate School;
The Chair of the 42nd Annual Meeting of Japan Society of Health Evaluation and Promotion

With my long experience as a physician engaged in neurological consultation, health checkup and neurological diagnostic tests, I am dedicated to providing quality health checkups. Cooperation with university hospitals is crucial for quality health checkups as it enables diagnosis with cutting-edge medical equipment by skilled physicians and medical staff followed by the most advanced and adequate medical treatments. We believe that the Center for Preventative Medicine meets all of the above criteria, and are ready to accept patients from around the world and improve their wellbeing.



Prof. Tsutomu Yamazaki

Vice Dean of IUHW Graduate School
Director of IUHW Innovation and Research Support Center

Profile

M.D., Ph.D., Graduate of Faculty of Medicine, The University of Tokyo
Former positions include:
Distinguished Professor, Department of Clinical Bioinformatics and the Course of Clinical Epidemiological Systems, Graduate School of Medicine, The University of Tokyo;
Director of the Department of Health Checkup, The University of Tokyo Hospital

Health checkups of the utmost quality will be provided through comprehensive diagnosis based on highly reliable examinations and thorough consultations. A relaxing environment has been created for patients undertaking the examinations. Over the past 30 years, I have been engaged in clinical trials, education, and research, and I have expertise in preventative medicine, cardiovascular diseases and clinical epidemiology. Our staff will work hard to build the reputation of the health checkups at Narita Hospital to a level that will attract patients from around the world.

Health Checkup Programs (tentative)

You may select either same-day, overnight or two-night programs

* Health checkup programs may change

Same-day program

- Same-day standard program
- Same-day standard program + gynecological tests
- Same-day standard program + neurological diagnostic test
- Same-day special program (standard program + cardiovascular and respiratory tests)

Overnight programs

- Overnight standard program
Same-day special program + diabetes test
- Overnight special program
Same-day special program + diabetes test + colonoscopy + neurological diagnostic test
- Two-night executive program
Overnight special program (relaxed schedule)

Optional tests

Additional options are available for the following: cardiovascular system, thyroid, urinary system, prostate, and nose and throat.

Other options: tumor markers, premium neurological diagnosis, metabolism, anti-aging, PET-CT, colonoscopy, carotid artery echo (ultrasound + information on blood flow), upper abdomen MRI/MRCP, pelvic (lower abdomen) MRI, bone density (DXA method).

Stand-alone program

- PET-CT stand-alone program

Cutting-edge Medical Equipment

PET-CT : Simultaneous full-body screening for cancer location, size and metastases

The machines allow for a more accurate and precise investigation of lesions by combining a PET scan and a CT scan. The machine at our hospital is manufactured by the only PET-CT manufacturer in Japan. The dome of the machine is 90cm in diameter, providing more space for patients and thereby a less stressful examination.



3.0 Tesra MRI : Clearer and safer imaging without using radiation

Captures images of organs, joints, blood vessels, and other body parts from multiple angles through the use of magnetic fields and radio frequency waves. The latest technology has reduced the acoustic noise and patient are not exposed to radiation.



320 Slices Area Detector CT : Acquiring detailed images of organs faster with a lower dose of radiation

Featuring the ability to capture 320 slice images of a 16cm-wide region, which is wide enough to capture whole organs and blood vessels in just one rotation in only 0.275 seconds (the fastest speed currently available), and even a whole body image can be acquired in an extremely short period of time.



DEXA (dual energy x-ray absorptiometry) : Scans the lower back (lumbar spine) and both thigh bones at once

DEXA is a bone densitometry machine that provides high definition images of bone density. The amount of radiation used is very low and the duration of the scan is short. Thus, patients are not required to maintain the same posture for a long period of time during the test.



General view of IUHW Narita Hospital